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# FUNDAMENTALS OF SYNCHRONIZATION

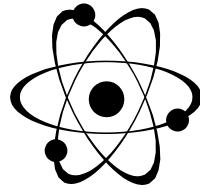
# Fundamentals of Synchronization

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- ▶ Time and Frequency
  - ▶ Clocks and Oscillators
  - ▶ Alignment (frequency, phase, time)
- ▶ Fundamental need for Synchronization
  - ▶ Data-transmission schemes require synchronization
  - ▶ Timing alignment required in voice-band transmission
  - ▶ Timing alignment implicit in circuit emulation
  - ▶ Timing alignment in wireless
  - ▶ Timing alignment in multimedia

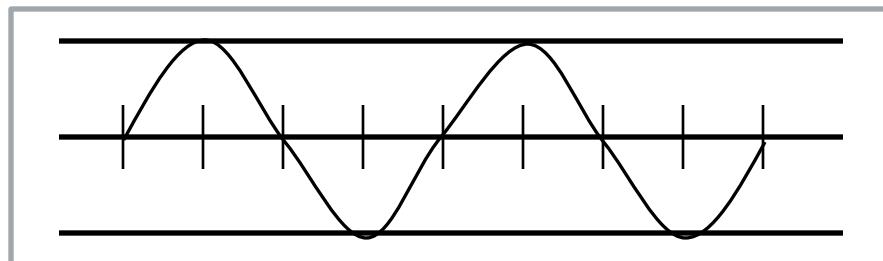
# Time and Frequency Sources

- ▶ A clock is a frequency device based on physics



Provides “ticks” at precise intervals

- ▶ Electronic systems count “ticks” for time interval



“Time-Clock”  
provides the  
time elapsed  
since the “start”

- ▶ Time is steered to UTC
  - ▶ Defines the “start” plus corrections for astronomy

# Time and Frequency

- ▶ Time is an artificial construct.
  - ▶ Choose an origin (“epoch”) that people can agree on
  - ▶ Count the number of seconds (milliseconds /microseconds /etc.) from the origin.
    - ▶ Define suitable units such as seconds and minutes and hours and days and so on to express the count from the origin
- ▶ Time Interval (e.g. 1 second) is based on a physical property of the Cesium atom.

Timescale	Epoch	Relationship	Leap Seconds	Other
TAI	Jan 1, 1958	Based on SI second	No	Continuous
UTC	Jan 1, 1972	TAI-UTC = 33sec	Yes	Discontinuous
UT-1	Jan 1, 1958	Earth's rotation	No	Astronomical
GPS	Jan 6, 1980	TAI – GPS = 19sec	No	Continuous
Loran -C	Jan 1, 1958	UTC + 23 sec	No	Discontinuous
Local	Jan 1, 1972	TAI-UTC = 33sec	Yes	Discontinuous, Based on Time zone offset
PTP	Jan 1, 1970	TAI – PTP = 10sec	No	Continuous
NTP	Jan 1, 1900	UTC	Yes	Discontinuous

“discontinuous” timescale allows for jumps related to leap seconds

## Time and Frequency Need Signals!

- ▶ Signals are **Physical**
  - ▶ Accuracy and stability are no better than the physical layer
  - ▶ Data layers disrupt the T & F signals
  - ▶ Interference to the physical signal blocks access to T & F
- ▶ Communications systems are layered with devices only connected to the neighboring layers
  - ▶ Sync gets worse farther from the physical layer
- ▶ Time accuracy requires access to UTC through a national lab – GNSS used
- ▶ GNSS signals are vulnerable!
- ▶ Frequency Accuracy requires access to the Cs. Atomic transition

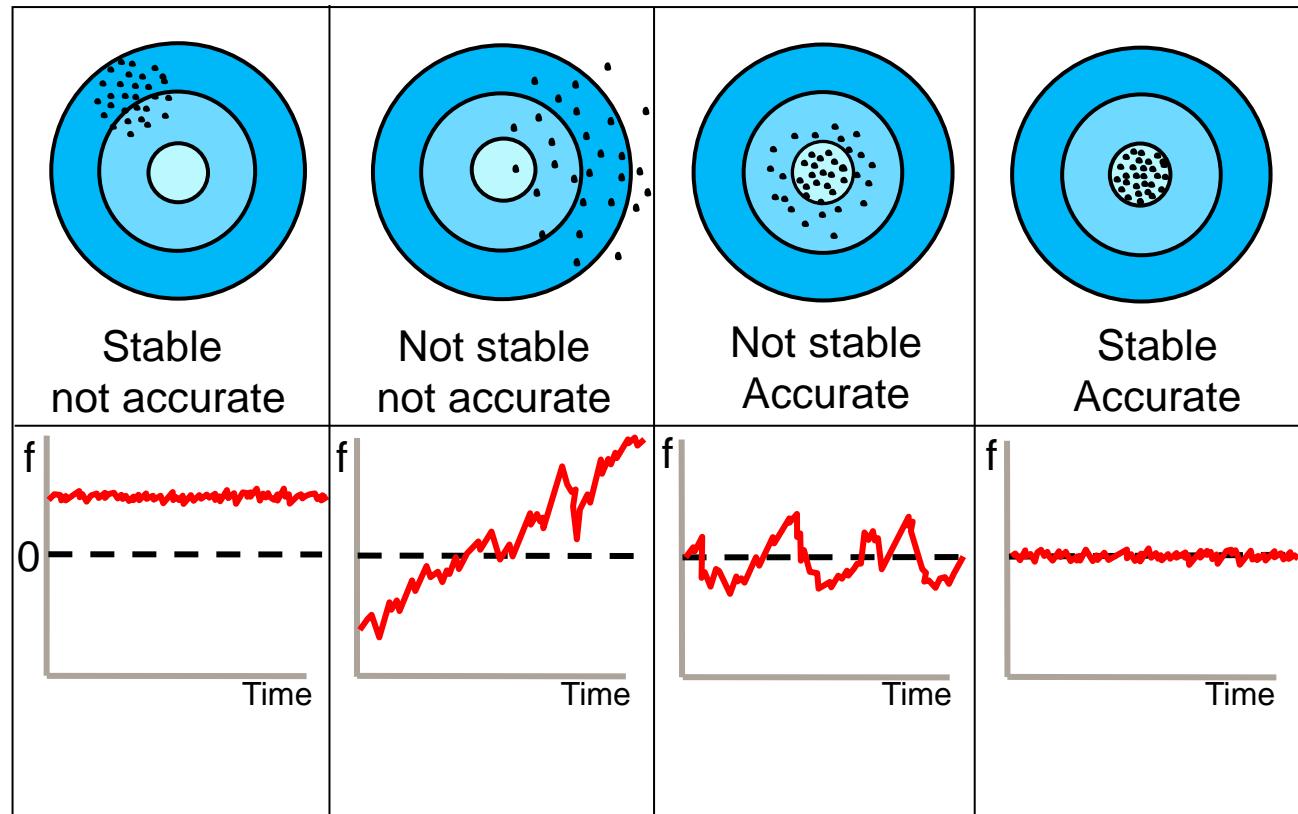
## Two Issues Here

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- ▶ Since a **clock is a frequency device**, the best clock exhibits only white noise on frequency, hence a random walk in phase. Even the best clocks will walk off unboundedly in time.
- ▶ Since the **time standard is artificial**, time MUST be transferred from the relevant time standard
  - ▶ There is often confusion with the human experience of time vs. metrological time. Standard time is a signal plus data
  - ▶ Often what is needed is synchronization among locations, not UTC per se, though that is often the most efficient way to achieve synchronization

# Accuracy and Stability

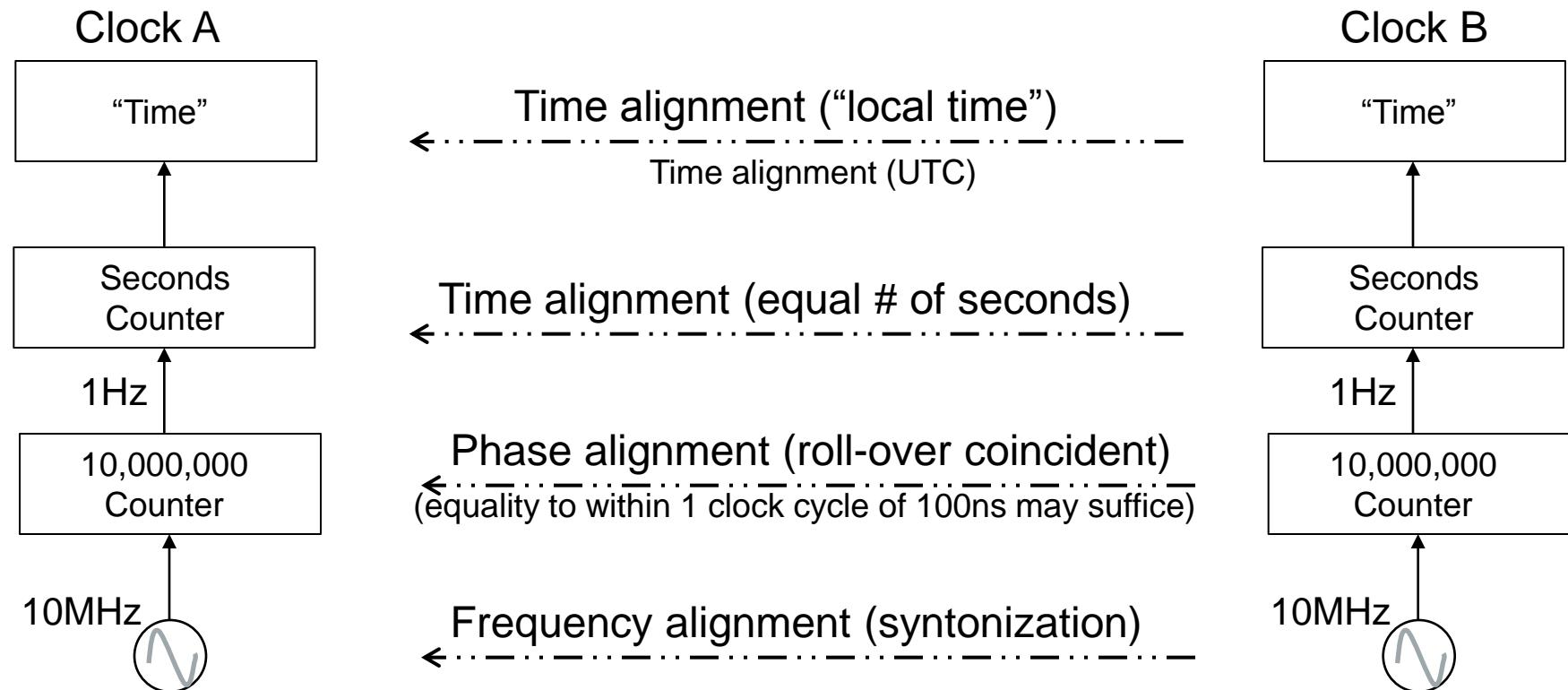
- ▶ **Accuracy:** Maximum (freq., phase or time) error over the entire life of the clock
- ▶ **Stability:** (Freq., phase or time) change over a given observation time interval
- ▶ Stability is expressed with some statistical dispersion metric as a function of observation interval (e.g. ADEV, TDEV, MTIE, a.o.)



- ▶ Distinction is more in terms of emphasis
  - ▶ Both entities relate to time/frequency
  - ▶ Both entities have the notion of periodicity (time-base)
  - ▶ Both entities provide “edges”, but –
    - ▶ Clocks usually associated with edges (square waves) (digital)
    - ▶ Oscillators usually associated with waveforms (sine waves) (analog)
- ▶ Clock: Device/system that provides timing signals to other devices/systems
  - ▶ Emphasis is on time (time interval) accuracy
  - ▶ There is the notion of calibration (traceability to UTC)
  - ▶ A clock is a “disciplined” oscillator
- ▶ Oscillator: Component providing periodic signals
  - ▶ Emphasis is on frequency stability (temperature, aging)
  - ▶ Waveform integrity is important (“phase noise”)
  - ▶ Oscillators are components of clocks

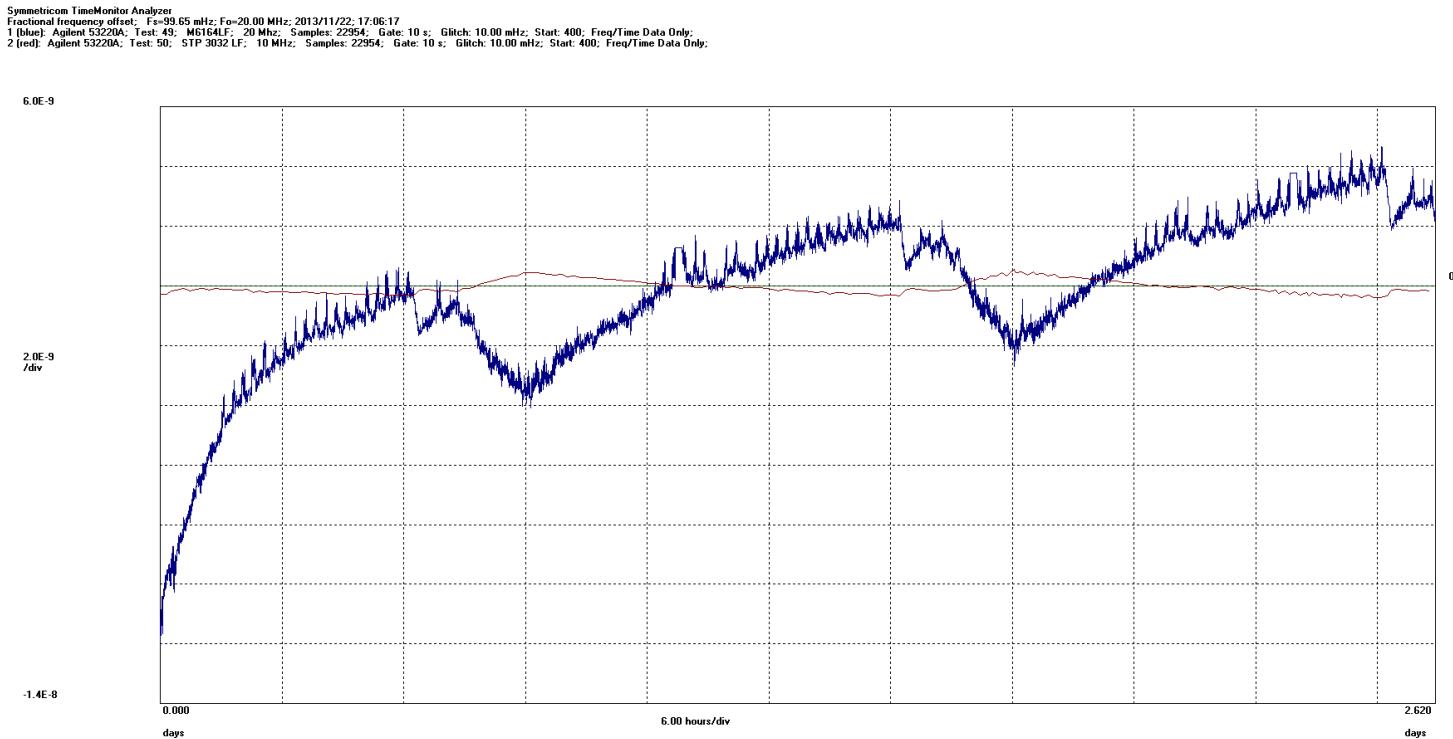
# Time and Frequency

- ▶ Aligning two time clocks (synchronization) implies:
  - ▶ Make frequency B = frequency A (syntonization)
  - ▶ Make phase B = phase A (e.g. roll-over instant of  $10^7$  counter)
  - ▶ Make seconds B = seconds A (elapsed time equal; same time origin)
  - ▶ Choose same formatting convention (and time-zone, etc.)



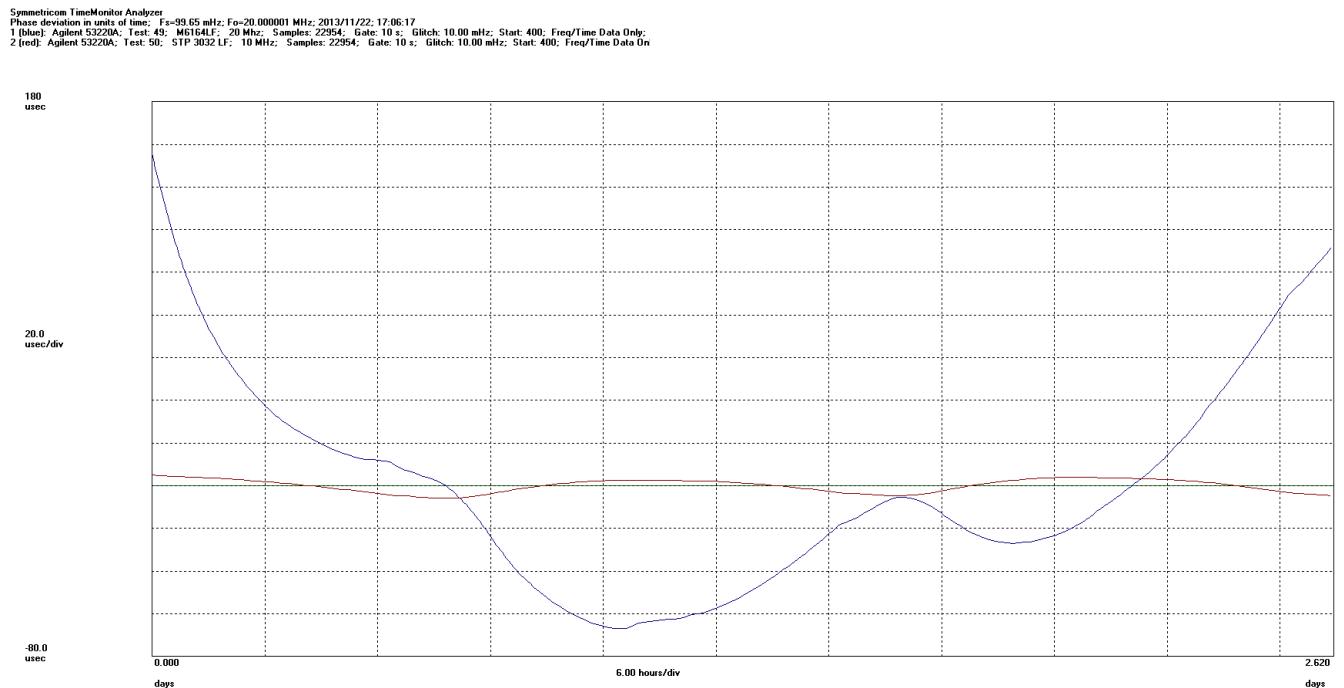
# Time and Frequency

- ▶ Does an oscillator labelled “10MHz” provide a 10MHz output?
  - ▶ Two good oscillators measured over >2 days
  - ▶ Frequency is close to 10MHz BUT not exactly equal nor constant



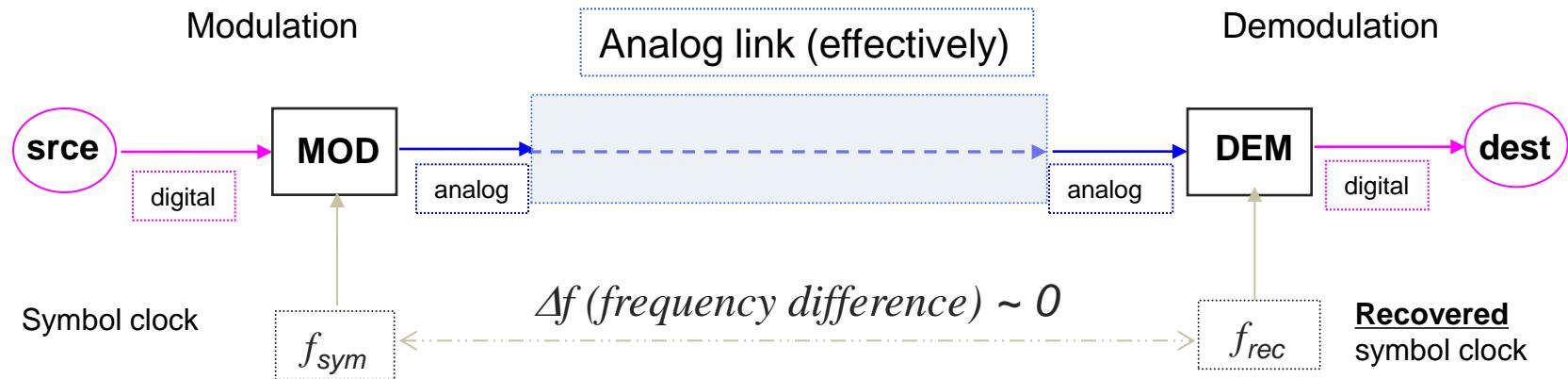
# Time and Frequency

- ▶ Does an oscillator labelled “10MHz” provide a 10MHz output?
  - ▶ Two good oscillators measured over >2 days
  - ▶ Phase error accumulation is small BUT not exactly zero nor constant



- ▶ Timing Alignment is Fundamental in Telecommunications
  - ▶ Digital transmission requires symbol-timing alignment
  - ▶ Digital network require synchronization to emulate analog channels
  - ▶ Circuit Emulation (CBR over packet) requires timing alignment
  - ▶ Wireless (Cellular) requires timing alignment
  - ▶ Multimedia requires timing alignment
- ▶ Timing in Circuit-Switched (TDM) Networks
  - ▶ Synchronous time-division multiplexing
  - ▶ The synchronization network
- ▶ Timing in Next Generation (Packet) Networks
  - ▶ Impact of packet delay variation (PDV)

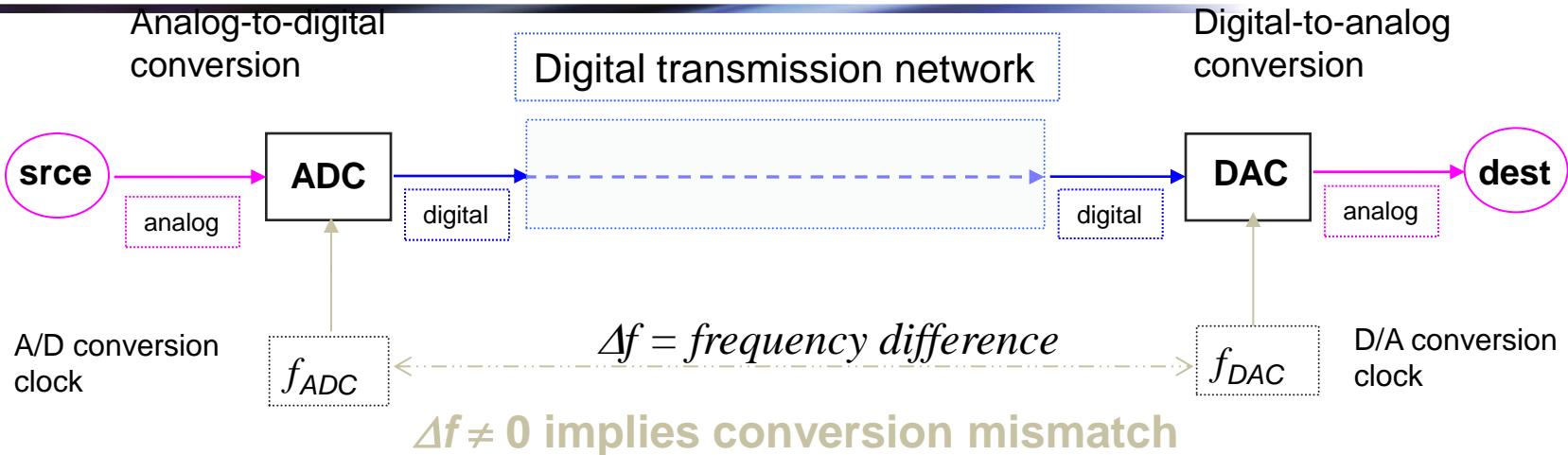
# Data transmission schemes require synchronization



- ▶ Source/Destination : modulator and demodulator
- ▶ Transmitter (modulator) uses a particular symbol clock
  - ▶ receiver (demodulator) must extract this clock ( $\Delta f \sim 0$ ) for proper data recovery
- ▶ The “Analog link” must, *effectively*, mimic an analog wire pair
  - ▶ Frequency translation (e.g. DSB-AM) is benign, Doppler (pitch modification effect, PME) is not benign ( $\Delta f \sim$  Doppler)

# Timing Alignment required in Voice-Band Transmission

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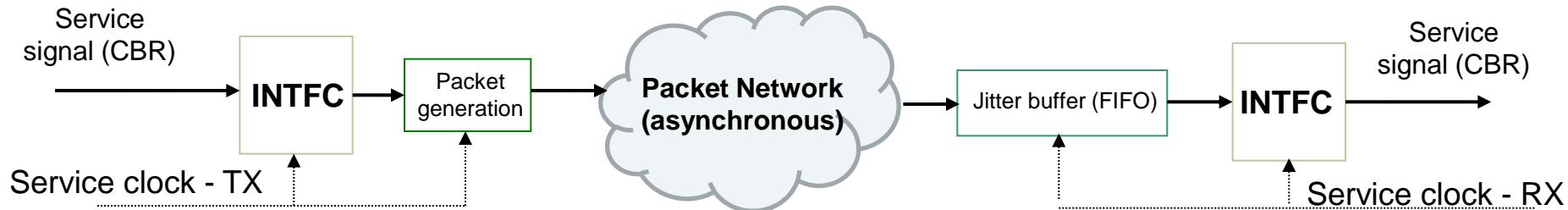


Primarily affects voice-band data (Fax, modem) and real-time video

- ▶ Source/Destination : Voice/video/fax terminal
- ▶ The digital transmission network *emulates* an analog circuit (the original circuit emulation)
- ▶ Impact of frequency difference ( $\Delta f$ ):
  - ▶ Eventually buffers will overflow/underflow (e.g. slips) ("obvious")
  - ▶ Pitch Modification Effect (PME) (analogous to *Doppler*) makes recovered symbol clock  $\neq$  transmit symbol clock (not so "obvious")
  - ▶ Recovered waveform  $\neq$  original waveform (more than just additive noise)

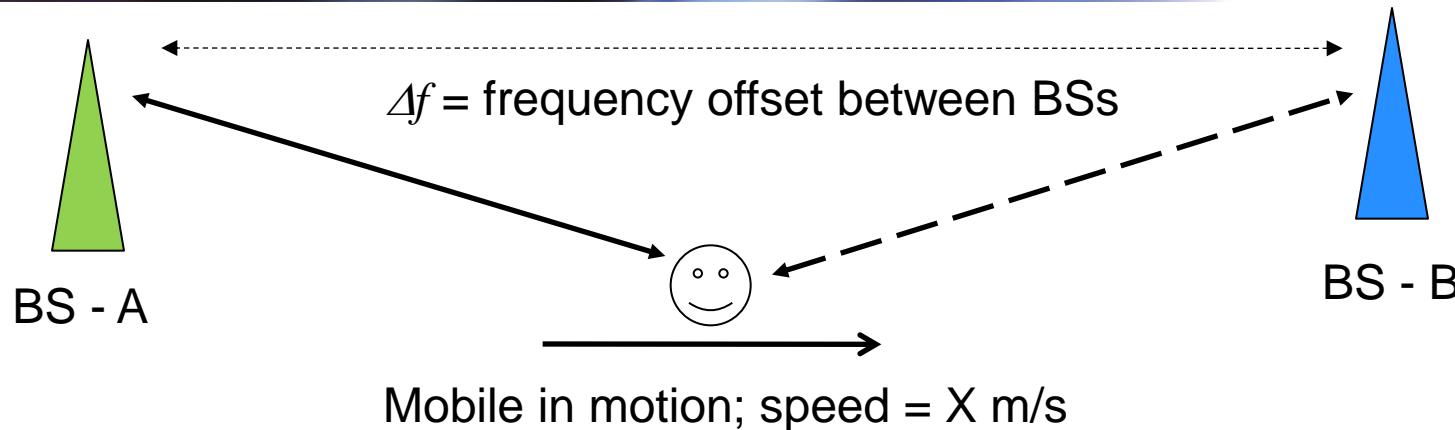
# Timing alignment implicit in Circuit Emulation

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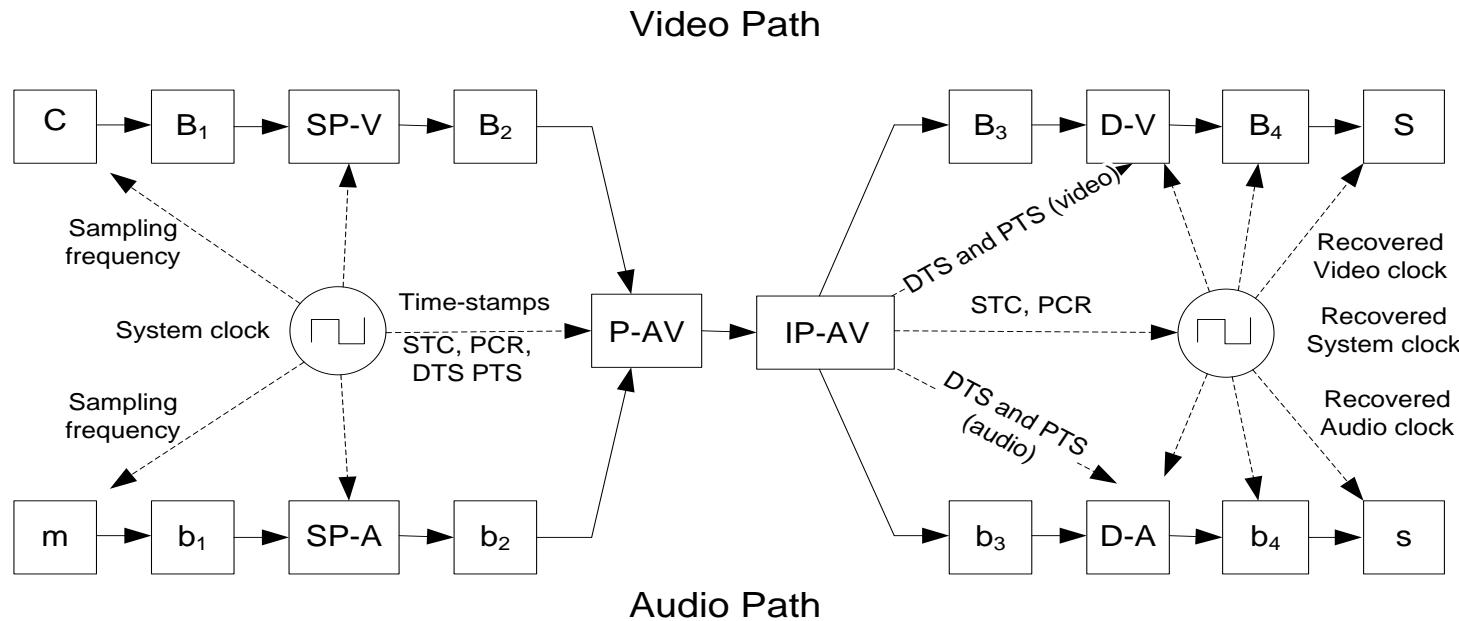
- Network impairments: delay, packet-delay-variation (PDV), discarded packets
- Jitter buffer size: large enough to accommodate greatest (expected) packet-delay-variation. Packet loss concealment is not an option.
- Causes of packet “loss”:
  - Network drops packets (bit errors, congestion)
  - Jitter buffer empty/full (excessive packet-delay-variation)
- Key to **Circuit Emulation** :
  - Ensure packet loss is (essentially) zero.
  - **Make RX and TX service clocks “equal”.**
  - **Note: If RX  $\neq$  TX then jitter buffer is going to overflow/underflow**

# Timing Alignment in Wireless



- ▶ Mobile in motion ( $X$  m/s) introduces a Doppler shift ( $X/c$ )
  - ▶ When hand-over occurs, the mobile must reacquire carrier frequency
  - ▶ Large  $\Delta f$  compromises the reliability of hand-over
- ▶ Modern Wireless (LTE) requires stringent timing to support special services/functions
  - ▶ BS-A and BS-B can cooperate for providing enhanced bandwidth to mobile
  - ▶ Frequency as well as relative phase

# Timing Alignment in Multimedia



- ▶ Frequency offset (wander) between audio and video sampling results in loss of lip-sync
- ▶ Frequency offset (wander) between send-side and receive-side system clock results in freeze (video), breaks (audio), and possible loss of lip-sync